

NEW SUPPORT GROUP • NOW FORMING IN KEMPTON

Starting Tuesday, November 17

NAMI Connection Recovery Support Group

What is NAMI Connection?

A free recovery support group program that offers respect, understanding, encouragement and hope for adults living with mental health conditions.

- Free and confidential
- For adults 18 years and older
- 90-minute structured group meetings
- Led by trained facilitators who are living in recovery themselves
- Designed to connect, encourage and support every participant



WHEN

**1st & 3rd Tuesday
6:00 – 7:30 PM**

WHERE

**135 New Bethel Church Road
Kempton, PA 19529**

FIRST GROUP

**Tuesday,
November 17, 2026**

Participant Perspectives

“NAMI Connection is the promise of what is and what can be in our lives.”

“I believe NAMI Connection means hope.”

“NAMI Connection has made me realize that I can truly feel comfortable around my peers, and I really needed that feeling!”

Contact us to find out more about the NAMI Connection Recovery Support Group

610-685-3000 | info@namiberks.org | www.namiberkspa.org

NAMI Berks County PA • 640 Walnut St, Lower Level • Reading, PA 19601

About NAMI NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Berks County PA is an affiliate of NAMI Keystone. Our dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.

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